

## WAXING

Eyebrow wax	.....£8
Full leg wax	.....£20
Half leg	.....£15
Full leg & bikini	.....£25
Bikini	.....from £8
Half arm	.....£11
Full arm & under arm	.....£15
Brazilian (landing strip)	.....£18
Bikini & under arm	.....from £8
Full leg, bikini & under arm	.....£30
Under arm	.....£8
Lip or chin	.....£5
Lip & Chin	.....£9

## THREADING

Threading eye-brow	.....£6.50
Threading lip or chin	.....£4.50
Sides of face	.....£7.50
Forehead	.....£6
Full face Thread	.....£20

## EYE TREATMENTS

A patch test is essential at least 24hrs prior to your first tint or perm with us

Eyeshadow Tint	.....£11
Eyebrow Tint	.....£6.50
Eyebrow/Eyeshadow Tint	.....£15
Eyebrow shape (tweezers)	.....£8
Eye lash perm	.....£28
Eye lash perm & tint	.....£35

## MAKE-UP

We are able to offer European and Indian Bridal make-up in the comfort of your home, hotel room or in salon. A trial session is always provided. Prices depend upon your requirement. Please speak to salon staff.

### \*\* EXFOLIATING - MARINE BODY SCRUB

Combines seaweed extracts to effectively eliminate dead skin and impurities, leaving the skin smoother and softer and finally a massage using a nourishing body cream. Perfect preparation before a holiday/tan.

45 mins	.....£35
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### DETOXIFYING - RE-MINERALISING BODY WRAP

To encourage the elimination of unwanted toxins and excess fluid within the body, leaving you feeling lighter, fresher and healthier

1hr 15 mins	.....£48
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### INCH LOSS - MUD WRAP

An invigorating treatment which helps speed up your body's process of turning fat into energy, therefore encouraging a smoother skin appearance. It helps inch loss and cellulite

1hr 15 mins	.....£48
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## CELLULITE - ALGOGEL SLIMMING TREATMENT

Improves the circulation and eliminates fluid and fatty deposits. The wrap also greatly improves the tone and texture of the skin leaving it feeling soft and smooth.

1hr 15 mins	.....£48
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## RELAXING - SELF HEATING BODYWRAP

A complementary treatment to activate surface microcirculation and gradually oxygenate the skin, improving relaxation. This treatment complements any facial to release tension in the neck and shoulders and can also be used prior to a cellulite body wrap.

40 mins	.....£38
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## LIGHTER LEGS - ALGOFRAICHER TREATMENT FOR TIRED LEGS AND POOR CIRCULATION

A revitalising treatment which provides a lasting sensation of lightness and freshness, creating a toning and cooling action on tired and swollen legs.

1hr	.....£45
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## USEFUL INFORMATION

### Professional Products

We work with products from "Algotherrm", a French Thalassotherapy (from the sea) range for our facials and body treatments. Effective results can be achieved by using the marine components of seaweed, sea water, sea mud and sea salt to balance and awaken the body.

Products are available for immediate sale so you can continue the effects of treatment at home.

### Specialist Treatments

We have visiting professionals which offer a range of treatments including Botox, Teeth Whitening, Acupuncture and Physiotherapy and Emotional Freedom Technique. Individual literature is available for each.

### What to Wear

You are expected to keep underwear on during your treatment. Disposable knickers are available as an alternative.

### Cancellation Policy

To help us offer an efficient service to all our clients, we would appreciate at least 12 hrs notice of cancellation.

### Code of Conduct

Our Therapists are all professional and internationally qualified. Please do not cause offence by acting inappropriately. We reserve the right to refuse or terminate treatments if a client acts improperly.

### Gift Vouchers

Our vouchers are available in monetary or treatment/package format for giving someone special a perfect gift.

### Courses

Courses of treatments can be booked for any treatment. Book and pay in advance for 5 identical treatments and receive the 6th treatment free.

### Methods of Payment

We accept cash, cheque (with a valid guarantee card), debit and credit card payments.

Please note that certain treatments will not be available at all times due to different Therapists being skilled in their own areas of expertise.

### OPENING HOURS:

Mon - Fri 10am - 8pm  
Sat 10am - 6pm • Sun 10am - 4pm



JEALOUS HEALTH  
& BEAUTY THERAPIES

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**MASSAGE & OTHER  
COMPLEMENTARY THERAPIES**

**\*\* SWEDISH (HOLISTIC) MASSAGE**

Massage is effective in preventing and treating stress, anxiety and inducing deep relaxation.

30 mins .....	£20
45 mins .....	£30
1 hour .....	£40
1 hour 30 mins .....	£55

**AROMATHERAPY MASSAGE**

Through aromatherapy massage you can feel relaxed, refreshed or invigorated. It uses essential oils from plants, flowers, herbs and trees. These have different therapeutic properties and also have a profound effect on mental & emotional levels.

30 mins .....	£22
45 mins .....	£32
1 hour .....	£42
1 hour 30 mins .....	£57

**SEA SALTS BODY MASSAGE**

A massage using sea salt and marine extracts oil to relieve tiredness, stimulate toxin elimination and minimise water retention. Immediate results can be seen in increased circulation, vitality, relief from stiff or aching muscles and an improved skin texture.

1 hour .....	£45
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**HOT STONE MASSAGE**

A powerful thermodynamic massage using marine extracts oils and ancient selected basalt stones. Through placement and massage using the stones tired, aching muscles are relaxed and deep rooted tension can be released

1 hour .....	£45
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**THAI HERBAL COMPRESS MASSAGE**

A holistic massage based on principles of Ayurvedic and Chinese medicine. Hot herbal compresses are used to relieve muscular aches and pains, to stimulate or relax the body and nourish the skin

1 hour .....	£48
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**INDONESIAN MASSAGE  
(TRADITIONAL BALINESE)**

This unique massage balances the body and restores vitality. Compression massage eases tension in the body before clearing energy lines and boosting circulation. This powerful massage works deep into muscle tissue releasing stress and leaving you feeling uplifted and energised.

1 hour .....	£45
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**REFLEXOLOGY**

Through stimulating reflex points on the feet it is possible to give a therapeutic whole body treatment. Reflexology effectively assists in the treatment of a wide range of illnesses and symptoms.

45 mins .....	£30
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**PREGNANCY MASSAGE**

Suitable after the first trimester this aromatherapy massage using pure coconut oils will help to relieve many pregnancy related symptoms.

30 mins .....	£22
45 mins .....	£32

**INDIAN HEAD MASSAGE**

A seated, clothed massage of the upper back, shoulders, upper arms, neck, scalp and face. Based on an ancient healing system, this treatment can help to relax, soothe or invigorate through kneading, rubbing and squeezing muscles.

30 mins .....	£20
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**HOPI EAR CANDLES  
(THERMO AURICULAR THERAPY)**

Herbal ear candles are safely burned in the entrance to the ear canal, followed by a massage of the face and neck. Suitable for ear, nose and throat conditions, headaches, pre and post flight etc.

30 mins .....	£25
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**TREATMENT  
PACKAGES**

**\*\* TOUCH OF HEAVEN**

A full 1 hour of Swedish or aromatherapy massage and a 1hr facial treatment of your choice.

2hrs .....	£70
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**A CLEAR HEAD**

An Indian Head massage followed by a hopi ear candling treatment. Perfect for relieving stress, migraines/headaches, sinus problems etc.

1hr .....	£40
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**BEST OF BOTH WORLDS**

An indulgent hour which includes a back, neck and shoulder massage and finishing with an express facial of your choice.

1hr .....	£42
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**BLISSFUL BODY**

The ultimate in body pampering. Starting with a marine body scrub to smooth and soften the skin, followed by a body wrap of your choice and concluding with an hour of Swedish or aromatherapy massage.

2hr 15 mins .....	£70
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**FACIAL  
TREATMENTS**

**\*\* BALANCING FACIAL - OILY OR**

**COMBINATION SKIN**

To absorb excess oil and rebalance the skin, whilst providing a deep cleansing action to unblock the pores, leaving the skin refined, toned and glowing with health.

1hr .....	£45
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**NOURISHING - MOISTURISING FACIAL**

Completely restores lost moisture to soothe and restructure even the driest skin conditions

1hr .....	£45
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**MALE  
GROOMING**

**MATURE SKIN - ANTI-AGEING TREATMENT**

A complete energy cocktail for the skin which increases radiance and improves the vital functions essential to skin wellbeing.

1hr .....	£45
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**REVITALISING - OXYGENATING FACIAL**

A brightening facial to increase skin vitality. Perfect for pigmentation, dull or dehydrated skin.

1hr .....	£45
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**EYES - SPECIFIC TREATMENT**

Treat the delicate skin around your eyes to a total sensation of freshness and well being. Reduction of puffiness and dark shadows, whilst also softening fine lines and wrinkles.

30 - 40 mins .....	£25
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**\*\* HYDRATING TREATMENT**

Ideal for frequent shavers, skin which is exposed to dry environments or environmental stress. It perfectly restores moisture levels using mineral rich seaweeds to leave the face hydrated, soothed and younger looking.

1hr .....	£45
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**PURIFYING TREATMENT**

If your skin is prone to oiliness or breakouts, this will help to remove impurities and reduce excess oil to leave the skin feeling fresh and clean.

1hr .....	£45
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**AGE DEFYING TREATMENT**

This treatment rejuvenates the skin and encourages cellular renewal. Expression lines and other signs of ageing may be less noticeable.

1hr .....	£45
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**MALE WAXING**

Chest or Back wax .....	£20
Chest & Back Wax .....	£30

**BEAUTY  
TREATMENTS**

**\*\* MANICURE & PEDICURE**

Manicure with polish .....	£16
Manicure without polish .....	£13
French manicure .....	£18
Deluxe manicure with paraffin wax .....	£22
Pedicure with polish .....	£18
Pedicure without polish .....	£16
French Pedicure .....	£20
Deluxe Pedicure with paraffin wax .....	£25